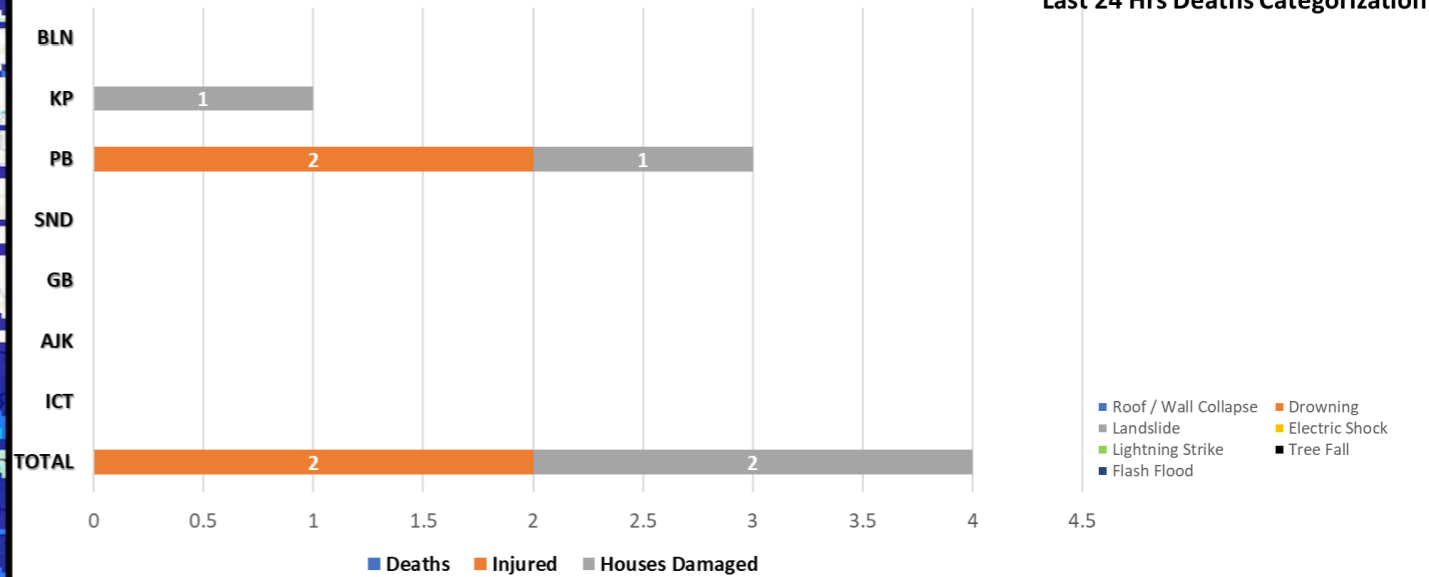


TOP RAINFALL RECORDED LAST 24 HOURS (MM)

- Balochistan.** Barkhan **34**
- Khyber Pakhtunkhwa.** Risalpur 17, Balakot 6, Bajaur Pasht 5, Daggar 4, Takht Bhai 4, Mardan 2, Bajaur Khar 1
- Punjab.** Joharabad **48**, Sargodha **38**, Chakwal **33**, Faisalabad 25, Okara 12, Hafizabad 8, Mangla 8, Jhang 5, Jhelum 4, Layyah 4, Murree 3, M.B. Din 3, T.T. Singh 3, Attock 2, Sheikhupura 2, Rawalpindi 1, Gujranwala 1, Sialkot 1
- Sindh.** Nil
- Gilgit-Baltistan.** Astore 3, Bunji 2, Skardu 1
- State of AJ&K.** Garhi Dupatta 15, Muzaffarabad 11, Bandi Abbaspur 11, Rawalakot 10, Chakoti 9, Panjera 7, Chatar Kalas 2, Hajira 2
- ICT.** Zero-point 3, Bokra 2, Saidpur 2, Golra 1, Airport 1

Data Source: PMD

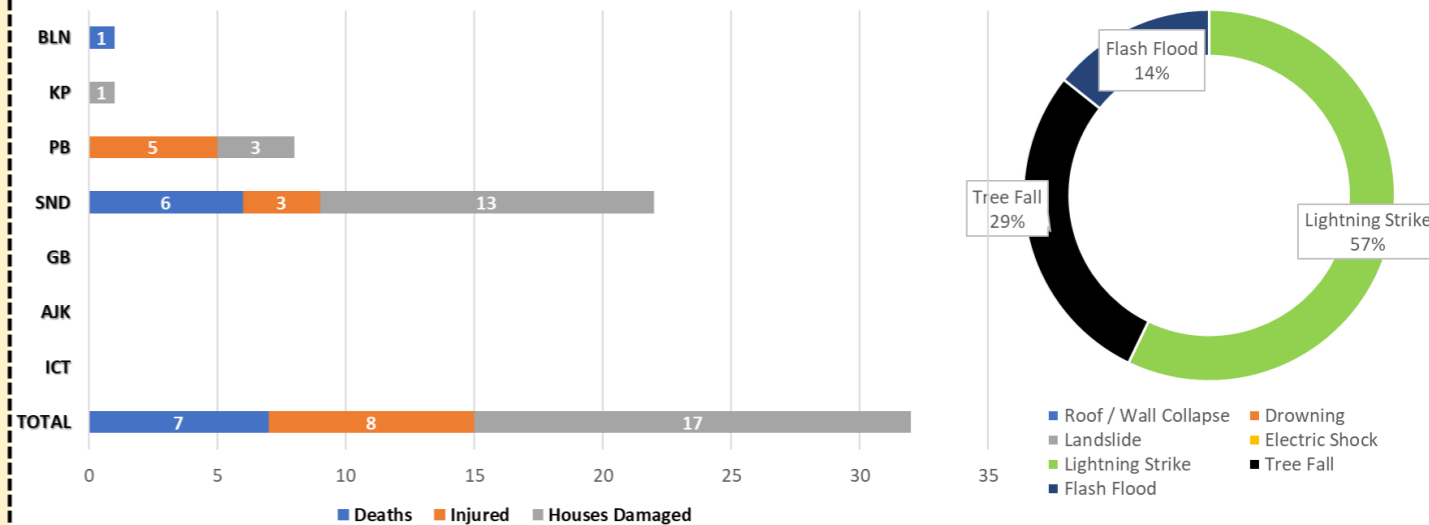
Losses & Damages Last 24 Hours



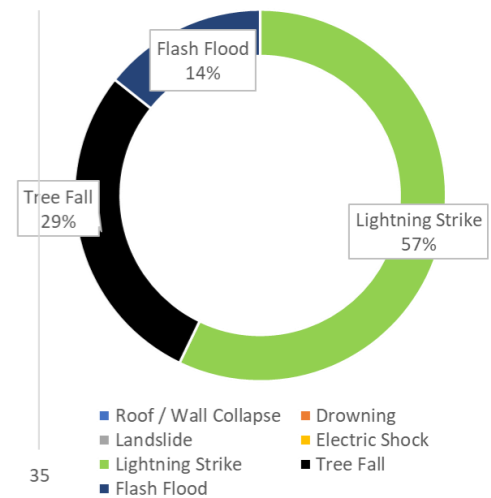
Last 24 Hrs Deaths Categorization

- Roof / Wall Collapse
- Landslide
- Lightning Strike
- Flash Flood
- Drowning
- Electric Shock
- Tree Fall

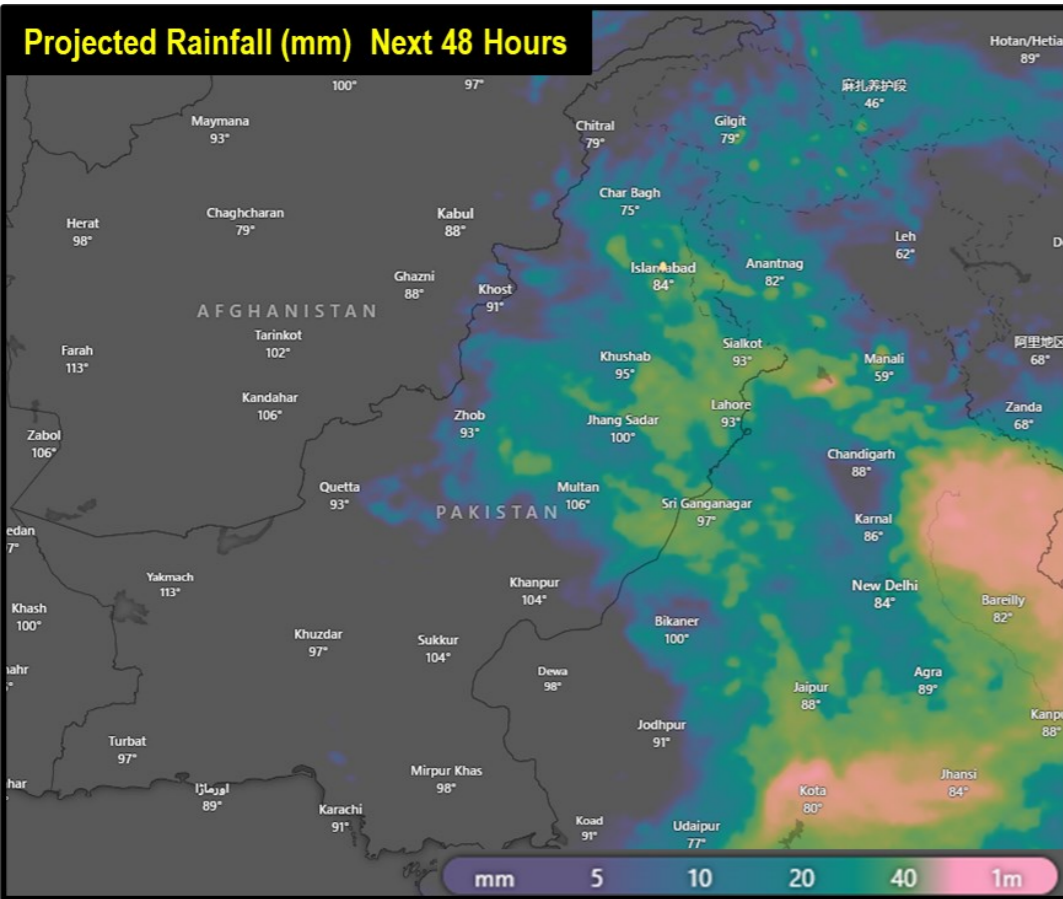
Cumulative Losses & Damages (1 Jul - 5 Jul)



Cumulative Deaths Categorization



Note: Losses / Damages data is provided by PDMAs / GBDMA / SDMA / Govt Depts and is preliminary.



FORECASTED IMPACT NEXT 24-48 HOURS

- **Rain-wind thundershowers with Few Heavy to Very Heavy Falls** expected
 - **Khyber Pakhtunkhwa** (Galiyat, Dir, Chitral, Swat, Kohistan, Malakand, Bajaur, Shangla, Battagram, Buner, Kohat, Bajaur, Mohmand, Khyber, Mansehra, Abbottabad, Haripur, Peshawar, Mardan, Charsadda, Hangu, Kurram, Waziristan, Bannu and DI Khan).
 - **Punjab** (Rawalpindi, Murree, Attock, Chakwal, Tala Gang, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Nankana Sahib, Chiniot, Faisalabad, Okara, Pakpattan, Kasur, Khushab, Sargodha, Bhakkar, Mianwali, Bahawalpur, Bahawalnagar, D.G. Khan, Multan, Khanewal, Lodhran, Muzaffargarh, Rajanpur, Rahimyar Khan and Layyah).
 - **Islamabad Capital Territory**
 - **State of AJ&K** (Neelum, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhnoti, Kotli, Bhimber, Mirpur).
- **Mainly hot & humid with rain-wind / thundershowers** expected
 - **Balochistan** (Khuzdar, Kalat, Zhob, Barkhan, Jaffarabad and Naseerabad).
 - **Sindh** (Mithi, Umarkot, Mirpurkhas, Sukkur and Larkana).
- **Mainly partly cloudy with rainfall activity** expected in Gilgit Baltistan
- **Moderate to Heavy Rainfall with Isolated Very Heavy Falls** expected over **Upper Catchments of All Rivers** with **Maximum Intensity likely** from up to **7th July**
- **Medium to High Flood Level Peaks** expected at River Chenab Downstream Marala and **Medium Flood Level Peak** at River Kabul at Nowshera and River Jhelum Upstream Mangla Dam up to **7th July**
- **Flash flooding and landsliding** in hilly / mountainous regions of Balochistan, KP, GB and AJ&K
- **Hill Torrents** along Kirthar & Koh-e-Sulaiman Ranges **likely to affect at-risk areas** of Balochistan and Punjab.
- **Urban Flooding** in municipal areas, i.e. Lahore, Sialkot, Gujranwala, Narowal, Rawalpindi, Faisalabad, Peshawar.

GUIDANCE ISSUED

- PDMA's to ensure **early warning & prompt response** in **vulnerable areas** in light of forecasted conditions
- PDMA KP and Punjab to **ensure timely evacuation** of **at-risk population** from **low-lying areas** of River Kabul and River Chenab Downstream Marala
- PDMA's to undertake **regular public awareness on all media channels / social media** to maximise general public's **knowledge on risks associated with monsoon season**; heavy rains, urban flooding, flash flooding, landslides, etc.
- **City / District Administrations** are to **ensure contingency plans** for areas vulnerable to flooding in urban centres, catering for **prompt de-watering operations in flooded areas**.
- **NHA / FWO / Local C&W Depts** to **ensure pre-placement of machinery** and **timely restoration of damaged road linkages**.
- **Rescue Services, Armed Forces** and leading **NGOs / CSOs** to **ensure availability of personnel / equipment** in the indicated areas & **be on stand-by for rapid response**.
- Ensure that **public avoid crossing nullahs** and **keep livestock away during adverse weather conditions**.
- Ensure that **public Does Not Venture Outside** during **Thunderstorms** and **Do Not Seek Shelter Under Trees** to **avoid risk of lightning strike**.
- Ensure that **public** undertakes **adequate measures** to **maintain** their **homes** from **adverse effects** of **heavy rainfall** in order to **avoid roof / wall collapses**.
- Additional **guidance** is available on **NDMA Website** and "**Pak NDMA Alert**" app available on Google **Play Store** and iOS **App Store**.

Pakistan Reservoirs Data (5 Jul - 0600 hours)			
Details	Tarbela Dam	Mangla Dam	
MCL (Feet)	1,550.00	1,242.00	
Dead Level (Feet)	1,402.00	1,050.00	
Water Level (Feet)	1,497.68	1,187.35	
Change Last 24 hrs (Feet)	+5.72	+1.10	
Storage (MAF)	Max	5.809	7.356
	Present	3.046	3.503
Change Last 24 hrs	+0.263	+0.061	
% Dam Filled	52.00	48.14	
Change Last 24 hrs	+4.00%	+0.84%	

Indian Dams Data (5 Jul - 0600 hours)				
Details	Bhakra	Pong	Thein	
MCL (Feet)	1,680.00	1,390.00	1,732.00	
Water Level (Feet)	1,590.40	1,306.79	1,646.24	
Change	+6.01	-0.29	-1.48	
Storage (MAF)	Max	5.050	4.991	1.900
	Present	1.696	0.924	0.583
Change	+0.14	-0.008	0	
% Dam Filled	34	19	31	
% Change	+3	0	0	

FFD Discharge Report				
Recorded at: 05-Jul-2024 12:00 PST				
River	Site	Inflow	Outflow	
Indus	Tarbela	273,000	134,400	NORMAL
	Kalabagh	232,427	224,487	NORMAL
	Chashma	230,490	224,990	NORMAL
	Taunsa	202,157	173,855	NORMAL
	Guddu	147,324	105,642	NORMAL
	Sukkur	90,100	39,800	NORMAL
Kabul	Kotri	27,461	1,006	NORMAL
	Nowshera	89,800	89,800	LOW
Jhelum	Mangla	45,000	14,715	NORMAL
	Rasul	13,050	0	NORMAL
Chenab	Marala	80,756	48,883	NORMAL
	Khanki	73,605	65,555	NORMAL
	Q.Abad	63,300	43,775	NORMAL
	Trimmu	32,282	16,882	NORMAL
	Panjnad	11,945	0	NORMAL
Ravi	Jassar	2,129	2,129	NORMAL
	Shahdara	14,945	14,945	NORMAL
	Balloki	34,510	8,110	NORMAL
Sutlej	Sidhnai	17,756	1,656	NORMAL
	GS Wala	4,755	4,755	NORMAL
	Sulemanki	18,318	5,240	NORMAL
	Islam	3,241	841	NORMAL